# (For Health Products)

## **HEALTH DECLARATION**





**IMPORTANT NOTE:** PURSUANT TO SECTION 23(5) INSURANCE ACT 1966, YOU ARE TO DISCLOSE IN THIS APPLICATION FORM FULLY AND FAITHFULLY ALL THE FACTS WHICH YOU KNOW OR OUGHT TO KNOW, OTHERWISE THE INSURANCE EFFECTED MAY BE VOID.

| Policy Nu   | mber(s)  |                 |  |  |  |
|---|--|-----------------|--|--|--|
| Name of A   | Assured  | NRIC/FIN Number |  |  |  |
| Name of I   | Life Assured   | NRIC/FIN Number |  |  |  |
| Any disease or condition of health will not qualify for benefit unless it is fully disclosed to and accepted by us. You must ensure that each question below is answered clearly and fully and that all material information, including any new disease or condition of health or any change in state of health, which arises or becomes known to you prior to the coverage effective date is given for consideration by us. Should you require more space for your answers, please continue on a separate sheet, sign and date it. |  |                 |  |  |  |
| If you are  | e unsure whether any information is material or not, you are advised to di   | close it.       |  |  |  |
| TYPE O  | F REQUESTS   |                 |  |  |  |
| Chan  | ge / Additional information on medical conditions  |                 |  |  |  |
| Upgrade of Plan / Options (For Singlife Shield / Singlife Health Plus only) Please submit together with Request for Changes to Individual Health Products form.   |  |                 |  |  |  |
|   | If your existing policy is under Full Medical Underwriting (FMU) – please complete Sections A, B and D.  |                 |  |  |  |
|   | If your existing policy is under Moratorium Underwriting (MO) – please complete Sections A and D only.  If you answer 'Yes' to any of the questions in Section A, please also complete Section B.                              |                 |  |  |  |
| Reinstatement   |  |                 |  |  |  |
|   | If your Singlife Shield / Singlife Health Plus policy is under Full Medical Underwriting (FMU) – please complete Sections A, B and D.  |                 |  |  |  |
|   | If your Singlife Shield / Singlife Health Plus policy is under Moratorium Underwriting (MO) – please complete Sections A and D only. If you answer 'Yes' to any of the questions in Section A, please also complete Section B. |                 |  |  |  |
|   | If your policy is Singlife Cancer Cover Plus – please complete Section C and   | O only.         |  |  |  |

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## SECTION A: UNDERWRITING HISTORY (FOR SINGLIFE SHIELD / SINGLIFE HEALTH PLUS ONLY)

### **IMPORTANT NOTE:**

- If you choose to complete Section B even though you are not required to do so, you understand and agree that your answers will be taken into consideration in processing your Singlife Shield and/or Singlife Health Plus claims. If you answer 'Yes' to any below questions, please complete Section B.

|  | Yes No  |  |
|--|---|--|
| If 'Yes', please note that your underwriting option would have to be Full Medical Underwriting and you are required to complete Section B and the information below. Change of plan/ reinstatement may be subject to new counter-offer terms by Singapore Life Ltd. after underwriting.  Name of Insurer:  Type of Policy: |   |  |
|  |   |  |
| nedical advice or had treatment for any of the   | Yes No  |  |
| Hepatitis C/D  |   |  |
| Ischaemic Heart Disease (IHD)  |   |  |
| Kidney failure   |   |  |
| Liver cirrhosis  |   |  |
| Multiple sclerosis   |   |  |
| Muscular Dystrophy   |   |  |
| Organ transplant   |   |  |
| Osteoporosis   |   |  |
| Paralysis  |   |  |
| Polycystic Kidney disease  |   |  |
| Pulmonary hypertension   |   |  |
| Schizophrenia  |   |  |
| Stroke   |   |  |
| Systemic Lupus Erythematosus (SLE)   |   |  |
| Thalassaemia intermediate/major  |   |  |
|  |   |  |
|  | celow. Change of plan/ reinstatement may be after underwriting.  Type of Policy:  Type of Policy:  Hepatitis C/D  Ischaemic Heart Disease (IHD)  Kidney failure  Liver cirrhosis  Multiple sclerosis  Muscular Dystrophy  Organ transplant  Osteoporosis  Paralysis  Polycystic Kidney disease  Pulmonary hypertension  Schizophrenia  Stroke  Systemic Lupus Erythematosus (SLE) |  |

| S  | SECTION B: UNDERWRITING QUESTIONS (FOR SINGLIFE SHIELD / SINGLIFE HEALTH PLUS ONLY) |  |        |        |  |  |
|----|---|--|--------|--------|--|--|
| 1. | What  | is your height?  |        | metres |  |  |
| 2. | What  | is your weight?  |        | kgs    |  |  |
| 3. |   | you ever experienced symptoms or received medical advice or had treatment for any of the ing conditions (whether diagnosed or not)?                                    |        |        |  |  |
|    | a)  | Heart attack, chest pain or discomfort, irregular heart beat, heart valve disorder, heart murmur, palpitations or any other blood vessel or heart disease or disorder? | Yes No |        |  |  |
|    | b)  | High blood pressure or high cholesterol?   | Yes No |        |  |  |
|    | c)  | Cancer, or malignant tumour/growth/lump/nodule/polyp/cyst of any kind including cancer screening tests that were not normal?   | Yes No |        |  |  |
|    | d)  | Benign tumour/growth/lump/nodule/polyp/cyst?   | Yes No |        |  |  |
|    | e)  | Diabetes, elevated or raised blood sugar, thyroid disorders or any other endocrine disease or disorder?  | Yes No |        |  |  |

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| SECT | ION B: UNDERWRITING QUESTIONS (FOR SINGLIFE SHIELD / SINGLIFE H   | EALTH PLUS ONLY) (continued) |
|------|---|------------------------------|
| f)   | Asthma, bronchitis, pneumonia, tuberculosis, emphysema or any other breathing or lung disease or disorder?  | Yes No                       |
| g)   | Depression, anxiety, stress or any other mental or nervous disorder?  | Yes No                       |
| h)   | Drug or alcohol addiction or abuse?   | Yes No                       |
| i)   | Arthritis, gout or any other disorder, pain or injury to the muscles, bones, tendons, limbs, joints, spine (back or neck)?  | Yes No                       |
| j)   | Stroke, epilepsy, fits, paralysis or weakness of limb, head injury or any other neurological disease or disorder?   | Yes No                       |
| k)   | Crohn's disease, ulcerative colitis, stomach or duodenal ulcers, or any other bowel, stomach or intestinal disease or disorder?   | Yes No                       |
| l)   | Hepatitis B or C, fatty liver, jaundice, abnormal or elevated liver function, gallstones or any other liver or gallbladder disease or disorder?   | Yes No                       |
| m)   | AIDs, HIV or sexually transmitted disease?  | Yes No                       |
| n)   | Anaemia, thalassaemia, haemophilia or any other blood disease or disorder?  | Yes No                       |
| 0)   | Kidney stones, kidney infection, urine abnormalities or any other kidney, bladder, prostate or gynaecological disease or disorder?  | Yes No                       |
| p)   | Eye, ear, nose or throat disease or disorder (excluding sight problems corrected by prescription lenses)?   | Yes No                       |
| q)   | Any other illness, disorder, operation, physical disability, injury or hospitalisation not mentioned above?   | Yes No                       |
|      | application of life assured who is a dependant child (aged one year and below), please wer the following questions:   |                              |
| a)   | Were there any significant events during pregnancy or delivery of the child including but not limited to difficulties during or at birth, congenital mental developmental issues, respiratory distress syndrome, prolonged neonatal jaundice, respiratory disorder? | Yes No                       |
| b)   | Was the child a premature baby (i.e. less than 37 weeks of gestation)?  | Yes No                       |
| c)   | Has the child been advised or been told to go for further follow up or further evaluation after each routine assessment?  | Yes No                       |
|      | ou answered 'Yes' to any of questions 4(a) to (c) above, please provide a full copy of the child's lth Booklet and complete the table below.  | Yes No                       |

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## SECTION B: UNDERWRITING QUESTIONS (FOR SINGLIFE SHIELD / SINGLIFE HEALTH PLUS ONLY) (continued)

## **IMPORTANT NOTE:**

• If you answer 'Yes' to either Question 3 or 4 above, please complete the table below.

| Name of<br>Condition      | Date of first symptoms, diagnosis or recurrence  | Have you made a full recovery with no further treatment, recurrence of condition, ongoing symptoms or complications?  | Name and address of doctor whom you consulted |
|---------------------------|--|---|---|
| Question  ( )  Condition: | 0 to 6 months  7 to 12 months  1 to 2 years  2 to 3 years  3 to 5 years  5 years or more | Yes No  How long has it been since your full recovery? What treatment or medication are you taking?  0 to 6 month 7 to 12 months 1 to 2 years 2 to 3 years 3 to 5 years 5 years or more | Name: Address:                                |
| Name of<br>Condition      | Date of first symptoms, diagnosis or recurrence  | Have you made a full recovery with no further treatment, recurrence of condition, ongoing symptoms or complications?  | Name and address of doctor whom you consulted |
| Question ( ) Condition:   | 0 to 6 months  7 to 12 months  1 to 2 years  2 to 3 years  3 to 5 years  5 years or more | Yes No  How long has it been since your full recovery? What treatment or medication are you taking?  0 to 6 month 7 to 12 months 1 to 2 years 2 to 3 years 3 to 5 years 5 years or more | Name: Address:                                |
| Name of<br>Condition      | Date of first symptoms, diagnosis or recurrence  | Have you made a full recovery with no further treatment, recurrence of condition, ongoing symptoms or complications?  | Name and address of doctor whom you consulted |
| Question  ( )  Condition: | 0 to 6 months  7 to 12 months  1 to 2 years  2 to 3 years  3 to 5 years  5 years or more | Yes No  How long has it been since your full recovery? What treatment or medication are you taking?  0 to 6 month 7 to 12 months 1 to 2 years 2 to 3 years 3 to 5 years 5 years or more | Name: Address:                                |

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| SECTION B: UNDERWRITING QUESTIONS (FOR SINGLIFE SHIELD / SINGLIFE HEALTH PLUS ONLY) (continued)  |  |   |                        |   |  |
|--|--|---|------------------------|---|--|
| 5. In the last 5 years, have you had any medical test(s) with abnormal results, such as X-ray, ultrasound, imaging scan, biopsy, electrocardiogram (ECG), blood or urine test, Covid-19 PCR, pap smear or mammogram? |  |   |                        | Yes No  |  |
| If 'Yes', please complete the table below:   |  |   |                        |   |  |
| Name of medical test   | Date of initial test                       | Have you had a follow-up test?          | Date of follow-up test | Have you been prescribed treatment or been advised to have any further test or required follow-up/monitoring? | Name and address<br>of <b>doctor</b> whom<br>you consulted |
|  | 0 to 6 months                              | Yes No                                  | 0 to 6 months          | Yes No  | Name:  |
|  | 7 to 12 months                             | If ' <b>Yes</b> ', what was the result? | 7 to 12 months         | If ' <b>Yes</b> ', please provide details   | Address:   |
|  | 1 to 2 years                               | the result?                             | 1 to 2 years           | details   |  |
|  | 2 to 3 years                               | normal                                  | 2 to 3 years           |   |  |
|  | 3 to 5 years                               | abnormal                                | 3 to 5 years           |   |  |
|  |  | don't know                              |                        |   |  |
| Name of medical test   | Date of initial test                       | Have you had a follow-up test?          | Date of follow-up test | Have you been prescribed treatment or been advised to have any further test or required follow-up/monitoring? | Name and address<br>of <b>doctor</b> whom<br>you consulted |
|  | 0 to 6 months                              | Yes No                                  | 0 to 6 months          | Yes No  | Name:  |
|  | 7 to 12 months                             | If 'Yes', what was the result?          | 7 to 12 months         | If ' <b>Yes</b> ', please provide details   | Address:   |
|  | 1 to 2 years                               |   | 1 to 2 years           |   |  |
|  | 2 to 3 years                               | normal                                  | 2 to 3 years           |   |  |
|  | 3 to 5 years                               | abnormal                                | 3 to 5 years           |   |  |
|  |  | don't know                              |                        |   |  |
| 6. Are you currently experiencing symptoms or considering seeking medical advice or treatment for your health other than minor illness such as cold or flu?  |  |   |                        | Yes No  |  |
| If ' <b>Yes</b> ', plea  | If 'Yes', please complete the table below: |   |                        |   |  |
| What are the symptoms or condition?  |  |   | Date of first sympton  | oms   | Date of any planned medical consultation                   |
|  |  | 0 to 6 months                           | 7 to 12 months         | 1 year or more  |  |
|  |  | 0 to 6 months                           | 7 to 12 months         | 1 year or more  |  |

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| SECTION C: UNDERWRITING QUESTIONS (FOR SINGLIFE CANCER COVER PLUS ONLY)   |        |  |  |  |
|---|--------|--|--|--|
| Have you ever had, or been told that you have, or are currently under investigation for cancer, carcinoma in situ of any kind, tumour, cyst, growth, lump or nodule, Hepatitis B/C, Cirrhosis, liver disease due to alcohol, Crohn's disease, Ulcerative Colitis, Barrett's Oesophagus or HIV/AIDS?   | Yes No |  |  |  |
| 2. Have you been advised, or intend to undergo, had any investigations/tests which were abnormal and/or required monitoring (biopsy, tumor markers, endoscopy, colonoscopy, ultrasound, CT/MRI/PET scan, mammography, pap smear)?   | Yes No |  |  |  |
| <ul> <li>3. Did you have any of these symptoms in the last 6 months:</li> <li>a) weight loss of 5 kgs or more without diet or lifestyle modification; or</li> <li>b) coughing with blood; or</li> <li>c) unusual bleeding or discharge from any body part for more than one week continuously; or</li> <li>d) persistent change in bowel or bladder habits; or</li> <li>e) a mole or skin blemish which has changed in appearance.</li> </ul> | Yes No |  |  |  |

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### **SECTION D: DECLARATION**

I/We agree to inform Singapore Life Ltd. ("Singlife") if there is any change in my/our health or other disclosures, statements, information or declarations that I/we have made in this Health Declaration between the date of this application and the date the policy is issued. This includes but is not limited to any change in the state of my/the proposed life assured's health, or if I/the proposed life assured plan to seek medical consultation, investigation, or treatment, or any change to my coverage under my existing insurance policies or concurrent insurance applications that I/we have. I/We understand that the terms of accepting me/us as a risk for insurance coverage may vary according to such information received.

I/We declare that the information given is true and complete and that I/we have not withheld any material information that may influence the assessment of my/our application.

I/We agree that this declaration will constitute part of my/our application/policy and that failure to disclose any material known fact(s) by me/us may render the contract void from the start and nothing may be payable under the Policy.

I/We consent to Singlife (and Singlife related group of companies) collecting, using and/or disclosing my/our personal data for the processing of the above transaction and such other purposes ancillary or related to the administering of the policy(ies), account(s) and/or managing my/our relationship with Singlife.

I/We also consent to Singlife (and Singlife related group of companies) disclosing and transferring my/our personal data to Singlife (and Singlife related group of companies) and their respective third party service providers, reinsurers, suppliers or intermediaries, whether located in Singapore or elsewhere, for the above purposes.

I/We am/are aware that I/we can view and download a copy of Genetics Moratorium Factsheet from www.singlife.com.

I/We have read and understood Singlife's Data Protection Notice which may be found at www.singlife.com/pdpa. Singlife's Data Protection Notice may be updated from time to time without notice. I/We am/are aware that I/we should visit your website regularly to ensure that I/we am/are well informed of the updates.

| Signature of Assured / Policyholder (Owner) > Your signature must be consistent with our record   | Mobile number | Date<br>(DD/MM/YY) |
|---|---------------|--------------------|
| Name of Assured / Policyholder (Owner) > Name as in NRIC  | Email address |                    |
|   |               |                    |
| Signature of Life Assured / Insured Person > For age next birthday 16 years and above > Your signature must be consistent with our record |               | Date<br>(DD/MM/YY) |
| Name of Life Assured / Insured Person > Name as in NRIC   |               |                    |

#### NOTE:

Mobile number and email address provided will replace our records accordingly.

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